



CERTIFICATE OF PARTICIPATION

This is to certify that

Mark Van Zyl

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:04:36

PACE 05:48/km

GENDER 101 of 563

OVERALL 122 of 834

50+ 9 of 75

08 July 2023, Sat

Date



BoutTime

Signature

